

4-H Pledge



I Pledge

My Head to Clearer Thinking,
 My Heart to Greater Loyalty,
 My Hands to Larger Service, and
 My Health to Better Living,
 For My Club, My Community,
 My Country, and My World.

All About 4-H

EMBLEM



The state and national emblem is a four-leaf clover with an “H” on each leaf. The four H’s stand for the Head, Heart, Hands, and Health.

4-H MOTTO

The motto, “To Make the Best Better” should be the aim of all club members. This motto should guide 4-H’ers in all that they do.

4-H COLORS

The 4-H colors are green and white. The white background of the 4-H emblem symbolizes purity and the green is emblematic of springtime, life, and youth.

4-H SLOGAN

Learning by Doing

Warren County 4-H

2008-2009 4-H Handbook



Name _____

Club _____

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Welcome to 4-H



4-H is the largest youth organization in the world and the Youth Development organization of the University of Kentucky Cooperative Extension Service. 4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H provides the opportunity for today's youth to prepare for tomorrow. Young people "learn by doing" in 4-H by participating in a wide array of activities on many levels.

There are numerous opportunities for each of us to be involved. If this is your first experience, welcome to an organization that makes a difference by involving the youth of today by shaping them to become the leaders of tomorrow. If you are a volunteer or a supporter, let us say thank you. The success of 4-H is owed to each in their own right. If you have questions, comments, or suggestions about any 4-H activity, please don't hesitate to contact the Extension Office.

Warren County Extension Office Staff

Janet Turley
Agent for 4-H Youth Development

Betsy Ann Tracy
Agent for Family & Consumer Science

Carol Schreiber
Agent for Horticulture

Sherry Taylor
Staff Assistant

Julie Brown
Agent for 4-H Youth Development

Joanna Coles
Agent for Agriculture & Natural Resources

Penny Hughes
Staff Assistant

Sara Gossett
Staff Assistant

•**KENTUCKY STATE FAIR** – Champion projects chosen at the Warren County Fair will be exhibited with projects from across the state at Cloverville during the State Fair in August. Other activities for 4-H'ers during the Fair include State Bicycle Rodeo, Beef, Dairy, Sheep, and Swine shows, Variety Show performances, Horticulture Judging, and Meats Judging.

•**LIVESTOCK JUDGING** - Learn proper selection techniques for cattle, swine, goats and sheep at livestock judging workshop, and visit local farms. The livestock judging team will travel to Lexington in June for the State 4-H Livestock Judging Competition.

•**NATIONAL 4-H WEEK**- Always held the first full week of October.

•**POSTER CONTEST** – All posters must have a 4-H Theme. Judging will take place by grade categories. A County Poster Champion for each grade will be determined from all posters received in the county.

•**TALK MEET CONTEST** - Designed to help 4-H'ers learn to speak before a group. The contest is divided into age groups; 9-13 year olds speak for 3-5 minutes, and 14-19 year olds speak 5-7 minutes. One winner is selected from each age division and advance to the Mammoth Cave Talk Meet

•**4-H PROJECT RECORDS** - Record sheets can usually be found at the back of your Project Book. They should be filled out and turned in to the Extension Office by September 15th. Record keeping is an important part of every 4-H project. Junior winners advance to area competition. Youth must complete and turn in 4-H project record sheets by date set in the fall.

•**4-H CAMP** – Spend an action packed week at the West Kentucky 4-H Camp in Dawson Springs. Campers take classes in a variety of areas including boating, swimming, archery, and much more!! Swimming and games are offered everyday. Scholarships are available for those unable to afford 4-H Camp.

•**4-H TEEN CONFERENCE** – A conference held for 4-H members who have graduated from the 8th grade. Spend a week on UK's campus with teens from across the state attending workshops and hearing from enlightening speakers. Banquets, dances, the State Fashion Revue, and the election of State 4-H Officers are a few highlights of the conference.



2008 - 2009 Warren County 4-H Council

President
Wanda Dodson

Vice President
David Alexander

Secretary
Jeanne Burnett

Treasurer
Dianne Cowles

Foundation Director
Dick Cooper

4-H Activities Go For the Green



•**AMERICAN PRIVATE ENTERPRISE SYSTEM**- For high school juniors interested in learning more about the economy and how it works. Three day program held in the fall. High School guidance counselors or business teachers usually select students.

•**CAREER SHADOWING**- Youth in the 5th-12th grade learn about careers and workforce preparation through project book exploration. Members that complete the project requirements are eligible to shadow a business person for one day. Career Shadowing applications are due in January.

•**CLUB OFFICER TRAINING**- Special training for all members elected to an officer position. All club officers are encouraged to attend. Training usually held in November.

•**COUNTY 4-H FASHION REVUE** – The 4-H Fashion Revue is an opportunity for 4-H’ers in the clothing project to model the sewing projects they have completed in 4-H.

•**DEMONSTRATION CONTEST** - Contest involves demonstrating a skill to a group. Divisions are made by subject matter categories such as Clothing, Agronomy, Dairy Foods, etc. Junior and Senior 4-H’ers have separate categories. Each demonstration should be at least 5 minutes long. Winners at the County Level advance to a Multi-County Contest. Multi-County Junior and Senior level demonstration winners are invited to the University of Kentucky in July to compete at the State 4-H Talk Meet

•**FORESTRY FIELD DAY**- for youth 9-14 years old interested in forestry. Tree identification, measurement and compass and pacing are taught. The day is held in September at Mammoth Cave National Park. Limited number can attend.

•**HORSE CLUB** – Join the 4-H Horse Club and learn about horses. Horse club activities include Horse Judging, learning about horses, sharing horse knowledge, club meetings, riding in parades, horse shows (horse club does not provide a horse for its members, you must have your own horse), but a horse is not required to be a member of the Horse Club.

•**HORTICULTURE JUDGING** - Youth will learn to select and recognize fruits and vegetables by seed, plant and fruit. The District contest is in July, and state contest held during KY State Fair in August.

•**KENTUCKY 4-H HONORS PROGRAM**- High School youth complete the Bronze, Silver and Gold Honor applications. These applications culminate the 4-H’ers experience, strengthens leadership, communication skills and community service. Members who complete all three levels are eligible to receive a scholarship towards higher education.

2008-2009 4-H Officers

PRESIDENT _____

VICE PRESIDENT _____

SECRETARY _____

TREASURER _____

REPORTER _____

RECREATION /
GAME LEADERS _____

SONG LEADERS _____

OTHERS _____

Calendar of Events

August:

5 – City & County Schools Begin
 14 - 24 – Kentucky State Fair
 28 – Warren County 4-H Council



October

Club Lesson: Soldier Care Package

9 - 17 – City School Fall Break
 6 - 10 – County School Fall Break
 5 - 11 – National 4-H Week
 10 – 4-H Fun Night
 30 – Club Officer Training

December

Club Lesson: As the Ring Turns

8 – Area Achievement Banquet
 22 - Jan. 2 – County & City
 Schools Holiday Break
 25 – Jan. 1 – Extension Office
 Closed

September

Club Lesson: Birdie Breakfast

1 – Extension Office and County &
 City Schools Closed
 8 – Mammoth Cave 4-H Advisory
 Council, Warren County
 8 – Mammoth Cave 4-H Teen
 Council, Barren County
 15 – Jr. Record Books and Honors
 Forms Due
 26 – Forestry Field Day

November

Club Lesson: Sum of the Parts

4 – Extension Office and County &
 City Schools Closed
 10 – Mammoth Cave 4-H Teen
 Council, Warren County
 20 – Warren County 4-H Council
 20 - 23 – Issues Conference
 26 - 28 – Thanksgiving Break
 27 - 28 – Extension Office Closed

January

Club Lesson: Thinking about Friendship

5 - 9 – Career Shadowing Books
 Due
 12 – Mammoth Cave 4-H Teen
 Council, Barren County
 15 – Talk Meet Workshop
 19 – Extension Office and County &
 City Schools Closed
 29 – Warren County 4-H Council

HEAD, HEART, HANDS, HEALTH

February

Club Lesson: My Pyramid

2 – Talk Meet
 16 – County & City Schools Closed
 17 – Demonstration Workshop
 19 – Career Shadowing Orientation
 21 – Centennial Kick-Off
 Look for Capitol Experience Dates

April

Club Lesson: Rippin' Rockets

6 - 10 – County Schools Break
 20 – Presentation Judging
 19 - 25 – National Volunteer Week
 27 – County Fashion Revue
 30 – Warren County Volunteer
 Banquet

June

8 - 11 – Teen Conference
 17 - 19 – Kentucky Youth Seminar
 22 - 25 – 4-H Project Week
 District Horse Show
 State Horse Contest
 State Livestock & Dairy Contest
 Camp - maybe

March

Club Lesson: Poster Art

2 – Demonstration Contest
 4, 5, & 10 – Career Shadowing
 9 – Mammoth Cave 4-H Adult
 Council, Barren County
 9 – Mammoth Cave 4-H Teen
 Council, Warren County
 12 - 20 – City Schools Spring Break
 26 – Warren County 4-H Council
 31 – Poster Art Due

May

Club Lesson: Have a Year End Party!

1 – Deadline for Camp & Teen
 Conference Applications
 11 – Mammoth Cave 4-H Teen
 Council Meeting, Barren Co.
 19 – Last Day for County School
 22 – Last Day for City School
 25 – Extension Office Closed
 28 – Warren County 4-H Council

July

3 – Extension Office Closed
 30 – Warren County 4-H Council
 SoKy Fair
 Kentucky Jr. Livestock Expo
 Tractor Driving Contest
 Multi-County Horticulture Contest
 Camp - maybe

